



Eestimaa XIII SÜVEMÄNGUD



8.-10. juuli
2011

Rakvere

XIII Estonian SUMMER GAMES

Rakvere, Estonia
July 8-10,
2011



XIII Estonian SUMMER GAMES

PROGRAMME

ORGANIZERS: Estonian Sports Association Jõud
Rakvere City Government
Lääne-Viru County Sports Association

EXPECTED PARTICIPANTS: 4 000

PLACE: Rakvere, *Estonia*

INTERNATIONAL AIRPORT: Tallinn, *distance from Tallinn is 100 km*

Arrival: July 7

Technical meeting: July 7-8

Opening Ceremony and parade: July 8 20:00 at Rakvere historical castle

Competitions: July 8-10

Closing ceremony: July 10 16:00

Departure: July 11

Registration until: May 15

Participation fee: 30 EUR per person

Meals and accommodation according to agreements.

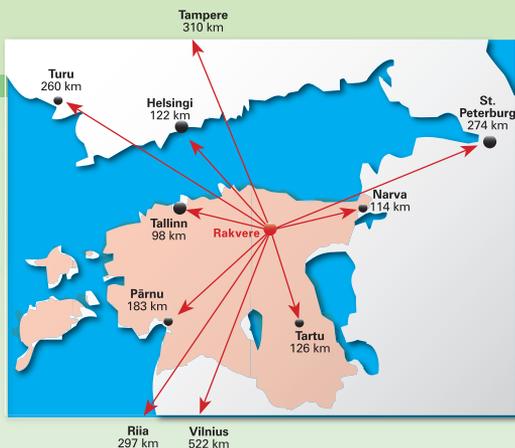
The Games are opened for international teams.

Estonian Olympic Committee supports the Games.

The Games will be hosted by the town of RAKVERE.

Rakvere is known as sporty town in Estonia, having excellent sporting and cultural facilities as well as long experience in organizing sport games.

Welcome to Rakvere!



EVENTS

Athletics		W18,W,W35,W45	M18,M,M40, M50
Mountain-Bike Cross-Country		W16,W,W35	M16,M,M40,M50
Orienteering		W-16,21,35,45	M-16,21,35,45,55
Compak Sporting		Adults, J20	
Volleyball		Women and men	10 players + 1 coach
Basketball		Women and men	10 players + 1 coach
Handball		Men	14 players + 1 coach
Football 7x7		Girls and boys U-17	10 players + 1 coach
Petanque		triples (mix 2+1),	doubles
Shooting with air rifle and pistol		W18,W,W40,	M18,M,M45
Judo		Women: -48, -52, -57, -63, -70, -78, +78 kg ,	
		Men: -60, -66, -73, -81, -90, -100, +100 kg	
Greco-Roman Wrestling		1) for men-juniors (1994-1997)	-42, -46, -50 kg
		2) for men seniors (15 and older):	
		-55, -60, -66, -74, -84, -96, -120 kg	
Freestyle Wrestling		1) for men-juniors (1994-1997)	-42, -46, -50 kg
		2) for men seniors (15 and older):	
		-55, -60, -66, -74, -84, -96, -120 kg	
Female Wrestling		-40, -48, -55, -63, -72 kg	
Weightlifting		-56, -62, -69, -77, -85, -94, -105, +105 kg	
Kettlebell biathlon	12 kg	Women: -68, +68 kg	
	24 kg	Men: -63, -68, -73, -78, -85, -95, +95 kg	
	16 kg	M18: -75, +75 kg	
Sumo		W,M and for teams	1W+2M
Floorball		W19	M15
Sport for all		RUNNING, WALKING, NORDIC WALKING, HIKING	

ESTONIA

Estonia is a state in the Baltic Region of Northern Europe. It is bordered to the north by the Gulf of Finland, to the west by the Baltic Sea, to the south by Latvia and to the east by the Russian Federation. The territory of Estonia covers 45,227 km² and is influenced by a temperate seasonal climate.

Estonia is a democratic parliamentary republic and is divided into fifteen counties. The capital and largest city is Tallinn. With a population of only 1.34 million, Estonia is one of the least-populous members of the European Union.

Estonian counties SPORTS ASSOCIATIONS



HARJU County Sports Association	Roosikrantsi 12, Tallinn 10119 www.harjusport.ee Phone: +372611 8556 E-mail: harju.spordiliit@mv.harju.ee
HIIU County Sports Association	Leigri 11, Kärkla 92412 www.hiiumaasport.ee Phone: +372 463 1244 E-mail: anton@kardla.ee
IDA-VIRU County Sports Association	Keskväljaku 1, Jõhvi 41594 www.sportiv.ee Phone: +372337 7624 E-mail: info@sportiv.ee
JÕGEVA County Sports Association Kalju	Suur 3, Jõgeva 48306 www.jslkalju.ee Phone: +372 772 2370 E-mail: jslkalju@hotmail.ee
JÄRVA County Sports Association	Aiavilja 3, Paide 72712 www.jarvasport.ee Phone: +372 697 1485 E-mail: piret.maaring@jarvasport.ee
LÄÄNE County Sports Association Läänela	Lihula mnt. 10, Haapsalu 90507 www.laanesport.ee Phone: +372 473 3456 E-mail: spordiliit@hotmail.ee
LÄÄNE-VIRU County Sports Association	Kastani pst. 12, Rakvere 44307 www.lvsl.ee Phone: +372 327 8207 E-mail: laanevirumaa.spordiliit@gmail.com
PÕLVA County Sports Association	Kesk 20, Põlva 63308 www.polvamaa.ee/sport Phone: +372 799 4637 E-mail: polvasport@hotmail.ee
PÄRNU County Sports Association	Akadeemia 2, Pärnu 80010 www.psl.ee Phone: +372 44 7 9746 E-mail: kaiu.kustasson@parnumaa.ee
RAPLA County Sports Association	Mahlamäe 10, Rapla 79514 www.raplamsl.ee Phone: +372 485 5481 E-mail: info@raplamsl.ee
SAARE County Sports Association	Vallimaa 16a, Kuressaare 93819 www.saaresport.ee Phone: +372 452 0376 E-mail: info@saaresport.ee
TARTU County Sports Association	Vaksali 17a, Tartu 50410 www.maasportiliit.ee Phone: +372 737 0999 E-mail: tartu@maasportiliit.ee
VALGA County Sports Association	Kesk 12, Valga 68203 www.valgamaasl.ee Phone: +372 766 6117 E-mail: valgamaa.sport@mail.ee
VILJANDI County Sports Association	Vaksali 4, Viljandi 71020 www.spordiliit.viljandimaa.ee Phone: +372 435 1576 E-mail: spordiliit@viljandimaa.ee
VÕRU County Sports Association	Räpina mnt 3a, Võru 65606 www.werro.ee/sport Phone: +372 712 1809 E-mail: merike.oun@gmail.com

Contact and information:

Estonian Sports Association Joud

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Homepage: www.joud.ee

Eestimaa Spordiliit Joud

Estonian Sports Association Joud

Founded in 1946

Reorganized in 1990

Participation in other organizations:

Estonian Olympic Committee

ISCA - *International Sport and Culture Association*

CESS - *Confederation Europeenne Sport Sante European Confederation Sport and Health*

CSIT - *Confédération Sportive Internationale du Travail*

International Workers' Sport Confederation

Estonian Sports Association Joud is a non-profit voluntary organization working in the public interests and directing its efforts at sports movement and providing better conditions for sports activities. Joud is the national umbrella organization for sports associations of all the 15 counties of Estonia.

Membership:

15 county sports associations

700 sports clubs

40 000 athletes

Estonian Sports Association Joud

www.joud.ee

Rakvere Town Government

www.rakvere.ee

Rakvere Sports Centre

www.rakverespordikeskus.ee

